



COVID-19 COMMUNITY RESOURCES

31 March 2020

For Official Fort Carson updates (closures, special shopping hours, town halls, Child Development Centers, etc.) please visit: <https://www.carson.army.mil/>

ADVOCACY

[Fort Carson Legal Assistance Office](#)

Fort Carson 24/7 Victim Advocacy Hotline (Call or text): 719-243-7907

TESSA 24/7 Domestic Violence Hotline: 719-633-3819

24/7 Child Abuse Hotline: 719-444-5700

CHILDCARE

[Colorado Emergency Child Care Collaborative](#)

COUNTY/STATE/NATIONAL RESOURCE AND REFERRAL SOURCES

[El Paso County Volunteer and Donation Sites](#)

[El Paso County Public Health Community Resource List](#)

[El Paso County Dept. of Human Services Critical Programs](#)

[Home Front Military Network](#)

[El Paso County Helping Hands Resource List](#)

[U.S. Department of Defense Response](#)

[Colorado Department of Public Health and Environment](#) – State updates, Executive Orders, Facts and Assistance

[U.S. Citizenship and Immigration Services](#)

[IRS](#) – Filing and Payment Deadlines FAQ

Colorado Department of Public Health and Environment: Call 1-877-462-2911 for assistance in English, Spanish and many other languages

EDUCATION -FUN

[Using the library remotely](#) – Pikes Peak Library District

[Free online resources for kids, teens, adults](#) – Pikes Peak Library District

[Scholastic Learn at Home Resources](#)

[Military Child Education Coalition Parent to Parent Webinars](#)

[Army National Guard Child & Youth Programs At-Home Activities and Resources for Youth and Families](#)

[The Parents' Guide to Google Classroom](#)

[Adult Free Online Ivy League Courses](#)

[Thrive Parenting Education Program](#)

[Virtual Museum Tours](#)

[Free online tutoring](#)

[Daily 30 minute P.E. Class for kids](#)

[MLB Summer Slugger Math & Literacy Skills Program](#)

[Professional Photographers of America FREE online photography courses](#)

[Rosetta Stone Free for 3 months](#)

[Audible Stories for kids](#)

[Time Magazine – Free Time for Kids](#)

[Denver Broncos Bookworms](#)

[Kennedy Space Center Science Lessons](#)

[Khan Academy: Imagineering in a Box](#)

EFMP FAMILIES

[TRICARE Extends Temporary Telehealth Support for Applied Behavior Analysis Services](#)

[National Association of State Directors of Developmental Disabilities Resource List](#)

[Department of Education FAQ on Providing Services to Children with Disabilities During the COVID-19 Outbreak](#)

EMPLOYMENT/CAREER SERVICES

[Onward2Opportunity](#)

[CVS Health Hiring NOW](#)

[G4S Secure Solutions](#)

[Amazon Warehouse & Delivery Drivers](#)

[Amazon Flex](#)

[Fort Carson Commissary](#)

[To file an unemployment claim](#)

[Denver Virtual Career Fair, April 16, 2020. 11 a.m. – 3 p.m. MST](#)

[Spouse Education & Career Opportunities 2020 Virtual Military Spouse Symposium, April 29-30, 2020](#)

[Pikes Peak Workforce Center](#)

ENTERTAINMENT

[Amazon Prime Free video selections](#)

[Sling TV – Stay in & Sling](#)

[AT&T and Charter offer free Showtime](#)

[Free NFL Game Pass](#)

[Netflix Party – virtual watch parties with friends](#)

FINANCIAL

[IRS - Coronavirus Tax Relief](#)

[Families First Coronavirus Response Act](#)

[Financial Relief Links and Updates](#)

[Stimulus and Tax Relief](#)

[Fort Carson Army Emergency Relief](#)

[Mission 22 Financial Resources for Veterans](#)

[Military Saves Resources for Military Families](#)

[Wounded Warrior Project Emergency Financial Assistance](#)

[Pikes Peak United Way Emergency Relief Fund](#)

[Info about missing rent/mortgage payments](#)

[Colorado PEAK - Public assistance programs](#)

[Government Emergency Financial Assistance After a Disaster](#)

[Federal Student Aid - Forbearance Info for Students, Borrowers, and Parents](#)

[American Red Cross](#)

[The Pentagon Federal Credit Union Foundation](#)

[Federal Communications Commission's list of companies and associations who have pledged not to terminate services, waive late fees and open Wifi hotspots](#)

[Comcast](#) will provide 60 days of free internet to new families

[CenturyLink](#) will waive late fees and will not terminate residential or small business customer's service for the next 60 days due to financial circumstances associated with COVID-19

[Colorado Springs Utilities](#) will not disconnect water, sewer, or natural gas services over the inability to pay bills during the COVID-19 pandemic. Contact Colorado Springs Utilities customer service to be placed on payment plan (719-448-4800) or visit www.csu.org to make payments or request support)

[Military Hardship Pay for Troops in Quarantine](#)

FOOD/NUTRITION

[Colorado Food Banks](#)

[Colorado COVID Hunger Relief Fund](#)

WIC enrollment: 719-578-3199, Option 6

MEDICAL & PHYSICAL HEALTH

[Evans Army Community Hospital](#)

[Tricare COVID-19 Guidance](#)

[Tricare Express Scripts Home Delivery](#)

[YMCA ON-Demand Health Classes](#)

[Cosmic Kids! Yoga](#)

EACH COVID-19 Nurse Hotline: 719-524-2684

MENTAL HEALTH

[Helping Homebound Children During the COVID-19 Outbreak](#)

[Wellness Apps](#)

[Give an Hour: Staying Mentally Healthy](#)

[Department of Veteran Affairs](#)

[Mt. Carmel Veterans Service Center](#) (donation-based counseling services)

Colorado Crisis Services (Free, confidential, professional, 24/7 support): 1-844-493-8255

National Suicide Prevention Lifeline (24/7 free and confidential support): 1-800-273-8255

Military OneSource (free, non-medical counseling, 24/7): 1-800-342-9647

No US Army/ Fort Carson endorsement implied.
Information listed is subject to change.

See links provided for updated details and dates for events listed.

The "Pass It On" is available online at: <https://carson.armymwr.com/programs/pass-it-on>